**Maccabi Health Services** Date: March 26, 2023

**Dr. Rosen Efraim** Referred by:

Family, Internal, and General Medicine

**Specialties:** Specialist in Internal Medicine

Phone: 02-5612139

Fax: 02-5660014

Address: HaGdud HaIvri 4, Jerusalem

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| Examinee’s details:Last name: **Shapiro** First name: **Leonard Z** National ID number: 340903137Date of birth: July 29, 1936 Sex: male Phone: 0543171706 Work phone/Mobile: 0543171706 Address: Gad 13/23, Jerusalem Area code: 9362212 |

**Summary of Visit from March 26, 2023, at 15:41**

**Date of visit:** March 26, 2023

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| Information source | Comments |
| Online requests – Doctor’s response | The melatonin=Circadin is to be taken 1-2 hours before the hour of sleep and prepares the patient for sleep so that when they want to sleep they lie down and doze off without the need for an immediate type of sleeping pill It takes 2-3 weeks to start to work. Therefore, for that initial period, he should take the Circadin 90 min before sleep and also Nocturno 3.75 mg just before sleep. Eventually, you can stop the Nocturno. Good luck.The documents have been sent, as per your request. |

**Invited for follow-up:** Invited for follow-up visits as needed

**Medications prescribed during the visit:**

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| Medication Name | Dosing and Instructions | Names of alternatives |
| SINEMET CR 50/200X100 | Swallow one tablet six times per day for 90 days | \* TAB. SINEMET CR 50/200 X 100 <5 OP+40> [27587] |
| DAIVOBET 60G | For topical application once per day (morning once) for 90 days | ONT. BETACALCIP 30G <4 OP> [84543]ONT. DAIVOBET 30G <4 OP> [59736]ONT. BETACALCIP 60G <2 OP> [85011]\* ONT. DAIVOBET 60G <2 OP> [10346] |
| FUSID 40MG X 30 | Swallow one tablet once per day (morning one tablet) for 90 days | \* TAB. FUSID 40MG X 30 <3 OP> [84637] |
| RHINOLAST 10ML | Spray in nose two doses once per day (morning two doses) for 90 days | \* NASAL SPRAY RHINOLAST 10ML <3 OP> [51962] |
| DUOTRAV EYE 2.5ML | Drip one drop into eye once each day (morning one drop) for 30 days | \* EYE DROPS DUOTRAV EYE 2.5 ML <2 OP > [48349] |
| SYSTANE GEL DROPS 10ML | Drip one drop into eye four times a day (as needed) for 90 days | \* EYE DROPS SYSTANE GEL DROPS 10ML <4 OP> [51494] |
| BETMIGA 25MG X 30 | Swallow one tablet once a day (morning one tablet) for 30 days | \* TAB BETMIGA 25 MG X 30 <1 OP > [85010] |
| TAMSULIN 0.4MG X 30 | Swallow one capsule once per day (morning one capsule) for 90 days | \* CAP. TAMSULIN 0.4MG X 30 <3 OP > [86739] CAP. PROMNX 0.4MG X 30 <3 OP > [86496] CAP. OMNIC 0.4MG X 30 <3 OP > [17665] |
| CIRCADIN 2MG X 30 | Swallow one tablet once per day (before bed one tablet) for 30 days | \* TAB. CIRCADIN 2MG X 30 <1 OP > [26470] |
| ZODORM 10MG X 20 | Swallow on tablet once per day (before bed one tablet) for 90 days | \* TAB. ZODORM 10MG X 20 <4 OP+10 > [4398] TAB. STILNOX 10MG X 20 <4 OP+10 > [81981] |
| STATOR 20MG X 28 | Swallow one tablet once per day (evening one tablet) for 90 days | \* TAB. STATOR 20MG X 28 <3 OP+6 > [85913] TAB. ROSUVASTATIN 20MG X 30 <3 OP> [14826] TAB. CRESTOR 20MG X 28 <3 OP+6 > [60450] |

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