**Slide 7**

[Top to bottom:]

Developing gross and fine motor skills

Promoting the importance of cultivating urban nature

Developing the senses of sight and hearing

Getting to know the natural environment near the kindergarten

Encouraging free play, creativity, and imagination

Getting to know the diversity of the natural world

To a large to very large extent (n=22/50)

**Slide 9**

[Right to left]

I have good knowledge and tools for communicating with my child

By turning everyday moments into play, I can contribute to my child’s development

I can turn everyday moments with my child into opportunities that promote their development.

I see routine activities with my child as opportunities to contribute to their development.

**Slide 21**

[Right to left]

Start n=12 End n=12

A Safe space to vent and share parental dilemmas

Practical tools and professional advice on coping with extended family challenges

Practical tools and professional advice on coping with parenting challenges

Ideas for play/spending time with my child

Knowledge and tools for strengthening the bond with my child

Start n=23 End n=11

Knowledge and tools for taking optimal care of my child

Knowledge and tools for coping with changes I’ve been experiencing since giving birth

A safe space to vent and share parental dilemmas

Practical tools and professional advice on coping with parenting challenges

Practical tools and professional advice on coping with changes in the family unit and my relationship with my spouse

Getting to know other mothers