Questions for client and comments

1. There are comments inserted within the text for the client.
2. Throughout the document, I used residency for התמחות and not specialization
3. I would assume 150 minutes of weekly exercise is suggested and not 150 weekly hours.

Journal guidelines:

These are the guidelines that I applied:

1.Times New Roman 12

2. Double-spacing

3. 1-inch borders

4. Continuous line-spacing

5. Page number- upper right corner

Initially I used double-spacing for the tables but it looks terrible and the paper was over 40 pages. Changed it to 1.15.

Bibliography: Could you please look over the bibliography, I was confused by some of the instructions. I did not make any changes.