**Instructional Practices of Science Teachers from the Arab community in Israel**

**Abstract**

Science instructional practices and research related to them are important issues that attract researchers in science education. Many countries around the world have established reforms in science teaching and learning, including science teaching practices. For instance, in the United States, new standards for science education, the Next Generation Science Standards (NGSS), were established in many states in 2013. Similarly, in Israel, Package for Learning Plans were published by the Israeli Ministry of Education in 2018 and emphasized using science education to develop scientific skills among learners and establish a new era of instructional strategies.

Science education in the Arab community in Israel is considered an important discipline. It is an essential lever of the whole educational system. Previous researches have shown that Arab teachers regularly use teacher-centered teaching strategies. This study aimed to identify science instructional practices used by Arab science teachers through the lens of the NGSS and how these practices are affected by a teacher’s number of years of experience.

This research used mixed methods. The quantitative part was based on the Science Instructional Practices Survey (SIPS) and found that Arab science teachers mainly reported using traditional, non-NGSS instructional practices such as direct instruction, whereas they used NGSS science teaching practices such as empirical investigations and critique, explanation, and argumentation significantly less often.

In addition, novice teachers reported significantly more use of NGSS science teaching practices than did experienced teachers. This difference was attributed to the larger number of professional development hours in science instructional practices in which they had participated during their in-service period.

**Keywords**: Arab Science Teacher in Israel . Elementary and Middle School Science Teaching . Next Generation Science Standards . Science Teaching Practices

**Introduction and Rationale**

Science teaching instructional methods play an important role in shaping the skills and abilities the pupil gains as a result of participating in science learning classes (Hayes, Lee, DiStefano, O’Connor, & Seitz, 2016). In the United States, the National Research Council (2012) and the Next Generation Science Standards (NGSS) (National Research Council, 2013) call for significant shifts in science teaching from traditional teacher-centered approaches that include direct science instruction, science demonstration, and worksheet or textbook work to those that enable all students to actively engage in scientific practices and apply cross-cutting concepts to core disciplinary ideas (National Research Council, 2013).

In 1983, the U.S. National Commission on Excellence in Education published *A Nation at Risk*, and as a result, reforms were adopted that aimed to raise the science achievement of all students by applying new higher standards regarding science teaching in the United States (Von Secker & Lissitz, 1999). In 1996, the National Research Council published the *National Science Education Standards*, a document that provided guidelines for effective science instruction at that time. The standards called for a pedagogical shift from teacher-centered science instructional methods such as direct large-group instruction, demonstration, and worksheet or textbook work, which have not been shown to be effective for teaching higher-order thinking and problem solving (Anderson, 1997; Darling-Hammond, 1996), to student-centered methods that enable students to use more socially interactive scientific inquiry and scientific thinking skills in their daily lives.

For more than three decades, experts and researchers in science education have emphasized the importance of science teachers’ instructional practices (for example, Darling-Hammond, 1996; Grossman et al., 2009; National Research Council, 1996, 2012, 2013; Rutherford & Ahlgren, 1990) on any reform in science education. In-service and preservice teacher educators are involved in supporting shifts in teaching practices toward the NGSS standards that focus on student-centered instructional practices (Huffman, Thomas, & Lawrenz, 2003). Instruction that emphasizes inquiry as an essential precursor to scientific understanding is very different from the teacher-centered courses and vocabulary-dense texts that were typical of high schools in the 1990s (Von Secker & Lissitz, 1999). Student-centered instruction, which is characterized by inquiry and discussion of open-ended questions, is expected to be more effective for promoting a deep understanding of science (Tekkumru, Kisa & Stein, 2015). The aim of the current study was to assess the science instructional practices used by in-service science teachers from the Arab community in Israel when they teach science in order to build a suitable professional development program for these teachers that updates their instructional practices in the new era of NGSS-oriented science teaching (National Research Council, 2013).

***Conceptual Framework and Background Literature***

Measuring science teachers’ instructional practices has recently been considered an important issue because of their importance and influence on students’ engagement in and learning of science (Kloser, 2014). Moreover, research on teaching practice has recently gained importance among many researchers as an effective factor for improving student achievement and engagement in the learning process because it focuses on the “work of teaching” (Ball & Forzani, 2009, p. 497; Gallimore, Ermeling, Saunders, & Goldenberg, 2009; Grossman & McDonald, 2008; Kazemi, Franke, & Lampert, 2009; Windschitl, Thompson, & Braaten, 2008). For example, Pianta, La Paro, and Hamre (2008) used measures of effective teaching such as the Classroom Assessment Scoring System to assess classroom quality in prekindergarten through grade three based on teacher–student interactions rather than the physical environment or a specific curriculum. Moreover, Kane and Staiger (2012) indicated that science teachers’ practices are better predictors of student achievement than years of teaching experience or attainment of a master’s degree. Science teachers’ enactment has an important influence on students’ scores and outcomes in learning sciences, and recognizing a core set of Arab science teachers’ instructional practices will be particularly helpful for Arab science teachers in Israel. Common, foundational science instructional practices may affect the coherence of classroom practice and limit the ability of science teachers and science teacher educators to share a common language and understanding of classroom instruction (Roth & Garnier, 2007).

A wide variety of science instructional methods can be used by science teachers, ranging from methods that are teacher-centered to those that are more student-centered (Hayes et al., 2016; Treagust & Tsui, 2014). Hayes et al. (2016) conducted a comprehensive literature review regarding science instructional methods and discovered that these can be categorized into five major areas on a continuum from teacher-centered to student-centered—specifically, (a) traditional instruction, (b) engaging prior knowledge, (c) science discourse and communication, (d) evaluation and explanation, and (e) empirical investigation.

***Science Education in the Arab Sector in Israel—Ethnic Perspectives***

Israel’s multicultural composition may be said to reflect the whole spectrum of the global continuum because of its subcultural variation, ranging from the culture of Jews of Western origin (e.g., Europe and America), which is characterized as the most individualistic, to Jewish culture of Eastern origin (e.g., Africa and the Middle East), then to the Christian Arab culture, followed by the Druze, and finally to the minority culture considered most collectivist—the Muslim Arab culture (including Bedouin). Israeli Arabs and Druze, composing altogether about 20% of the Israeli population, live in a collectivist society that is characterized by Arab and Jewish researchers alike as being progressively influenced by the individualistic culture of the Jewish majority (Al-Haj, 1995; Brodai & Israelashwili, 1998; Florian, Mikulincer, & Weller, 1993).

The Arab collectivist view traditionally places great emphasis on the authority of teachers and adults and on the need for respect. In this traditional society, learning and children’s obedience to adults is highly regarded (Al-Haj, 1995; Eilam, 2002; Haj-Yahia, 1995).

Arab schools in Israel are characterized by a high level of formality (Abu-Asbah, 2007). Moreover, Abu-Asbah (2007) indicated that teaching strategies in Arab schools in Israel are based mainly on frontal, traditional instruction or teacher-centered teaching methods, although there are increased calls to use alternative teaching strategies.

According to Abu-Asbah (2007), classrooms in the Arab sector in Israel are characterized by the following:

1. The teacher is always correct. This perception prevents students from critical discourse with their teacher and from critical and creative thinking. This type of instruction can be called autocratic.
2. No attention is given to the different individuals in the classroom.
3. High-achieving students are those who mainly dominate discourse with the teacher, whereas low achievers do not and stay behind alone.
4. The ability to accommodate a frontal teacher-oriented classroom is very limited, and thus, the gaps between students are growing more and more.

A comparative study conducted by Authors (2010) revealed significant differences related to question-asking behavior of students in chemistry laboratory classrooms. The researchers found that in general, the number of questions asked by Arab students in an inquiry-type chemistry laboratory was significantly lower compared with their Jewish counterparts. Moreover, Authors et al. (2012) found in a comparative study that Arab teachers perceive themselves to be the key to the learning process and the responsible person during their teaching. In addition, because of students’ inability and uncertainty, Arab teachers usually perceive students as help-seekers and support-askers.

In a recent comparative study, Authors (2020) examined the disciplinary knowledge of science teachers from the Jewish and Arab communities in Israel and found that academic achievements of Arab teachers are significantly higher than those of Jewish teachers; this finding is contrary to the results of international surveys (for example, the Programme for International Student Assessment [PISA], conducted in 2018) that test scientific knowledge of students in elementary and middle schools and find that the scores of Jewish students are significantly higher than those of students in the Arab community (Research Authority for Measurement and Evaluation, 2019). Authors (2020) attributed this inconsistency to other aspects of the teaching and learning process, such as the effect of culture and science teaching practices within Arab science classrooms.

In 2012, Kane and Staiger found that teachers’ classroom practices are better predictors of student achievement than their years of teaching experience or the attainment of a master’s degree, as indicated by such instruments as the Classroom Assessment Scoring System (Pianta, La Paro, & Hamre, 2008).

In accordance with a previous literature survey and conceptual framework (Authors, 2010; 2012; 2016; 2020) and the Research Authority for Measurement and Evaluation (2019), the current study aimed to examine the teaching practices science teachers from the Arab community in Israel use when they teach science. Because teaching practices affect pupils’ development of scientific skills and scientific literacy, understanding these practices is necessary in order to construct a suitable intervention program that leads to future change.

***Research Questions***

This study aimed to address the following questions:

1. What science instructional practices do Arab teachers in Israel use in elementary and middle school science classes?
2. How do the science instructional practices used by Arab teachers in elementary and middle school science classes in Israel align with NGSS science instructional practices?
3. How are science instructional practices affected by the number of years of experience that the Arab teacher has?

**Methods**

***Participants***

In Israel, Arab teachers mainly teach in the segregated schools Arab students learn in (Authors, 2012). The research population consisted of science teachers from the Arab sector in Israel who were teaching in Arab schools only.

The research sample included a total of 78 in-service Arab science teachers from Israel, who were teaching elementary and middle school science in 28 schools. The characteristics of these teachers are presented in Table 1.

The 28 participating schools were selected randomly, and the teachers who taught science in those schools were invited to complete the questionnaire voluntarily. Of the 78 science teachers who completed the questionnaire for the quantitative data analysis, 8 participated in the qualitative part of the study after being randomly invited to be interviewed. The ratio of experienced to novice teachers was maintained in the qualitative analysis; that is, 5 experienced and 3 novice teachers were interviewed.

Table 1

*Characteristics of the Research Sample*

|  |  |
| --- | --- |
| Characteristics | *N* = 78 |
| Males (%) | 12.8 |
| Females (%) | 87.2 |
| Novice teachers (less than 10 years of science teaching experience) (%) | 42.3 |
| Experienced teachers (more than 10 years of science teaching experience) (%) | 57.7 |
| Mean (SD) number of years of experience in science teaching | 12.72  (3.93) |
| Mean (SD) number of professional development hours in science instructional teaching practices per teacher during his/her in-service career | 23.46  (14.41) |

***Description of professional development courses in science education***

All science teachers in Israel, including those from the Arab community, participate in professional development (PD) courses in science instructional practices and assessment during their career. The topics taught in these PD courses are (a) teaching science by inquiry, (b) teaching science by problem-based strategies, (c) investigation laboratories in science education, and (d) authentic assessment in science education. The courses typically consist of 30 learning hours distributed over 10 weekly or biweekly meetings.

***Research Instruments***

This study used a mixed-methods approach. The quantitative component was conducted using the Science Instructional Practices Survey (SIPS) developed by Hayes et al. (2016), and the qualitative part was conducted using semi-structured interviews.

***Science Instructional Practices Survey Questionnaire***

The SIPS questionnaire (Hayes et al., 2016) was intended for elementary and middle school science teachers. The survey questions ask teachers to rate the science instructional practices they use with their students during science teaching and learning classes. This questionnaire has been used previously (e.g., Bancroft, Herrington, & Dumitrache, 2019; Hayes, Wheaton, & Tucker, 2019) to evaluate the application of science teachers’ NGSS instructional practices within science classrooms.

The SIPS questionnaire was translated to Arabic to eliminate the language effect as a source of error in our research results (Cassels & Johnstone, 1984), and internal validity was assessed by sending the translated version to four science education experts for their feedback. The final version of the SIPS questionnaire was prepared according to the feedback before dissemination.

The original and translated SIPS questionnaire consisted of 24 items. Each item offered response options using a 5-point Likert scale, with 1 being *strongly disagree* and 5 being *strongly agree*.

Internal consistency was conducted for the Arabic version of the SIPS questionnaire by calculating Cronbach alpha. The result of the reliability test for the whole questionnaire was 0.812, which indicated that it was reliable.

The SIPS questionnaire includes six scales of instructional practice, four of them linked to NGSS science instructional practices and the other two related to traditional, non-NGSS instructional practices: namely, traditional instruction and teaching science using the students’ prior knowledge. More details about the SIPS questionnaire can be found in Table 2.

In addition, the survey collected background information about the teachers, including sociodemographic characteristics such as age and gender, seniority in science teaching, and details about participation in PD in science teaching during the previous three years, including the topics taught in the PD courses and the number of hours of learning.

Table 2

*Descriptive information for SIPS questionnaire*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Group | Scale | NGSS Science Education Practice | Sample Item | Items |
| Student-centered teaching practices (NGSS-oriented) | Instigating an investigation | 1) Questioning  3) Planning and carrying out an investigation | Generate questions or predictions to explore | 1–4 |
| Data collection and analysis | 3) Planning and carrying out an investigation  4) Analyzing and interpreting data  5) Using mathematical and computational thinking | Make and record observations | 5–9 |
| Critique, explanation, and argumentation | 6) Constructing explanations  7) Engaging in argument from evidence | Explain the reasoning behind an idea | 10–15 |
| Modeling | 2) Developing and using models | Use models to predict outcomes | 16–18 |
| Traditional teacher-centered teaching practices (not NGSS-oriented) | Traditional instruction | None | Provide direct instruction to explain science concepts | 19–21 |
| Prior knowledge | None | Apply science concepts to explain natural events or real-world situations | 22–24 |

*Note*. NGSS = Next Generation Science Standards.

***Semi-structured Teacher Interview***

Semi-structured interviews with eight of the Arab science teachers were conducted to better understand how they viewed their role during their instruction in the science classes and the reasons for the responses obtained from quantitative or qualitative data.

***Administration of the SIPS Questionnaire***

Participation in the current study was voluntary. Teachers had approximately 15 to 20 minutes to complete the SIPS questionnaire.

**Data Analysis**

***Quantitative Data Analysis***

The results of the quantitative questionnaires were analyzed statistically. Data from the questionnaires were recorded using Microsoft Excel and analyzed using the SPSS Statistics software program for statistical analysis.

Cronbach alpha was estimated to determine the reliability of the findings.

The mean scores and standard deviations of each of the six individual factors were calculated, and a comparison between the means of the factors was done using one-way ANOVA and *t* tests.

***Qualitative Data Analysis***

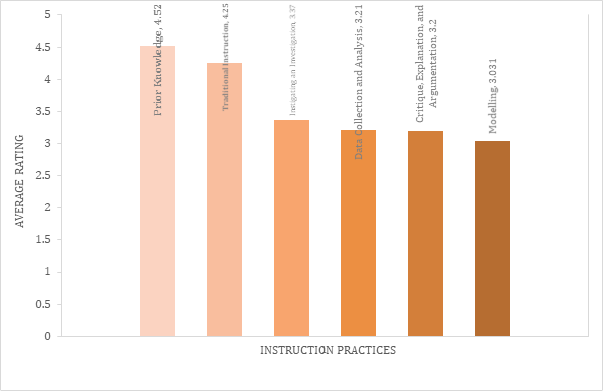
Semi-structured interviews were conducted with a sample of the teachers who completed the questionnaire. The responses were recorded and then transcribed using Microsoft Word. The aim of these interviews was to understand the science teachers’ reasons for selecting the specific science instructional practices they used during science classes.

The protocol of the interviews was based on and inferred from questions in the SIPS questionnaire. The goal of the interview questions was to obtain a deep understanding of the instructional behaviors of science teachers from the Arab community in Israel and the reasons for these behaviors. The interviewees were asked (a) what teaching practices they mainly used when teaching science, (b) why they used those teaching practices, (c) what they thought was the purpose of teaching science to their pupils, (d) what they thought was the main role of their pupils during science lessons, and (e) what they thought about letting their pupils collect data, conduct scientific investigations, critique, explain, and so on.

**Results and Discussion**

***Average Rating of Science Instruction Practices***

The means and standard deviations of the scores for each of the six instruction-practice areas were calculated; the results are presented in Figure 1.



*Figure 1*.Means and Standard Deviations of Scores for Science Instruction Practices.

One-way ANOVA was conducted to test statistical differences between the six instructional practices. Tukey post hoc tests were conducted to identify the source of the differences between the instructional practices. The results showed a significant difference between all scales of the science instructional practices (F[5,78] = 6.3, *p* < .01) except data collection and analysis and critique, explanation, and argumentation.

As shown in Figure 1, the mean scores for prior knowledge and traditional instruction, which are not correlated to NGSS scientific skills, were the highest, whereas the mean scores of the other four practices (instigating an investigation, data collection and analysis, critique, explanation, and argumentation, and modeling), which are directly in the spirit of NGSS, were significantly lower.

The means and standard deviations of scores for science teaching practices were calculated for all participants. We divided the teaching practices into two groups; the first contained traditional instruction and prior knowledge, which we called traditional, teacher-centered science teaching practices leading to non-NGSS student performance, and the second contained instigating an investigation, data collection and analysis, critique, explanation, and argumentation, and modeling, which we called student-centered science teaching practices leading to NGSS-oriented student performance. The division was made according to the scientific skills that each practice develops within the learner. A paired-sample *t* test was performed to test statistical differences between the two groups (teacher-centered and student-centered); the results are presented in Table 3.

Table 3

*Statistical Differences Between Groups of NGSS and non-NGSS Science Teaching Practices Used by Arab Teachers*

|  |  |  |  |
| --- | --- | --- | --- |
| Teaching Practices | Mean (SD) Score | *t*(78) | *p* |
| Student-centered (NGSS-oriented) | 3.20 (0.49) | 1.79 | < .01 |
| Teacher-centered (not NGSS-oriented) | 4.41 (0.69) |

*Note*. NGSS = Next Generation Science Standards; SD = standard deviation.

As shown in Table 3, Arab science teachers tend to use non-NGSS science teaching practices significantly more than NGSS science teaching practices, despite the national and international call to follow standards based on student-centered science teaching practices leading to NGSS-oriented student performance (Beernaert et al., 2015; National Academies of Sciences, Engineering, and Medicine, 2015; National Research Council, 2012, 2013; Paniagua & Istance, 2018).

We conducted semi-structured interviews with a sample of the in-service teachers who completed the SIPS questionnaire to understand how they perceive their role and their pupils’ role and the reasons for their science instructional behaviors. During the interviews, the teachers were asked (a) which teaching practices they mainly used when teaching science in their classrooms, (b) why they used those teaching practices specifically, (c) what they thought was the purpose of teaching science to their pupils, (d) what they thought was the main role of their pupils during science lessons, and (e) what they thought about letting their pupils collect data, conduct scientific investigations, critique, explain, and so on.

Regarding the question of which teaching practices they mainly used when teaching science, the following are some sample responses:

* “*Usually, I am directly explaining scientific facts to my pupils.*”
* “*First of all, I have to give my pupils the scientific background that is relevant to the topic of each lesson by explanations and presentations.*”
* “*I start my lessons with regulations and explanations; then I ask my pupils to read what is written the science textbook. After that, I stand in front of them and review what we learned.*”

Regarding the question of why they used these teaching practices specifically, the following are some sample responses:

* “*The first and major responsibilities of science teachers is to transfer scientific data to their pupils.*”
* “*If pupils did not remember the knowledge that they learned from science classes, there is no gain from these classes and the pupils will not benefit at all.*”
* “*These are the science teaching strategies we gained in the preparation program I participated in as a preservice teacher.*”

Regarding the question of what they thought was the purpose of teaching science to their pupils, the following are some sample responses:

* “*The main purpose of pupil participation in science classes is to gain scientific knowledge, such as facts, rules, principles…*”
* “*My role as a science teacher is to give my pupils scientific data that they need in order to become scientifically-oriented people in their community.*”
* “*My pupils must know science; they have to remember and understand science in order to use it when they get older. For example, if someone wants to be a doctor or engineer, he or she needs to understand science in order to be prepared for university study.*”
* “*I think that pupils must know the scientific knowledge in order to well understand sciences.*”

Regarding the question of what they thought was the main role of their pupils during science lessons, the following are some sample responses:

* “*My pupils must listen to me during my explanation of scientific facts and theories. They don’t have any previous scientific knowledge, so they have to listen carefully to me during science lessons.*”
* “*The pupils have to listen to my explanations and keep calm. They have to acquire scientific knowledge, so they have to keep quiet and listen carefully to me.*”
* “*Simply, they must keep quiet and listen to my explanations.*”

Regarding the question about letting their pupils collect data, conduct scientific investigations, critique, explain, and so on, the following are some sample responses:

* “*As I told you, first of all, the pupils must understand science. Doing scientific investigations is not on my agenda.*”
* “*I think that what you mentioned to me—performing data collection, scientific investigations, et cetera—is not my first goal. Maybe in advanced levels or later after they finish the school. They can do that in the university.*”
* “*Sometimes, I ask my pupils to go to the library, find scientific information and data, and write a report as homework.*”

It could be inferred from the sample interview responses that Arab science teachers seem to do the following:

1. Teach science mainly by using traditional teacher-centered practices, such as explaining scientific facts and theories from the front of the room, leading to non-NGSS student performance.
2. Perceive their role as being transmitters of scientific knowledge and data to their pupils.
3. Perceive their pupils as passive learners. They seem to think that their pupils have to gain scientific knowledge in a passive manner.
4. Believe their role in teaching science is to provide adequate scientific knowledge that their pupils may need in the future.
5. Believe that student-centered science teaching practices such as data collection, scientific investigations, critiquing, and explaining, which lead to NGSS-oriented student performance, are not the focus of teaching, although some use a primitive level of these practices, such as having pupils search for scientific data in the library and use it to write a report as homework.

The last research question was “How are science instructional practices affected by the number of years of experience that the Arab teacher has?” We divided the participants into two groups: group 1 (expert teachers) had more than 10 years of experience in science teaching, and group 2 (novice teachers) had less than 10 years.

Independent *t* tests were conducted to identify significant differences between these two groups within the NGSS and non-NGSS instructional practice groups. The results are presented in Table 4.

Table 4

*Statistical Comparison Between Expert and Novice Teachers Regarding Using NGSS and Non-NGSS Science Teaching Practices*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Teaching Practices | Novice Teachers, Mean (SD) Score | Expert Teachers, Mean (SD) Score | *t*(78) | *p* |
| Student-centered (NGSS-oriented) | 3.58 (0.61) | 3.07 (0.73) | 2.10 | < .01 |
| Teacher-centered (not NGSS-oriented) | 4.38 (0.59) | 4.39 (0.54) | 0.51 | .39 |

*Note*. NGSS = Next Generation Science Standards; SD = standard deviation.

During their preservice preparation period, both expert and novice science teachers must complete a comparable preparation program. According to the Israeli Ministry of Education, every science teacher must obtain a B.Ed. in science teaching from a college for teacher preparation in Israel. All in-service science teachers, whether experts or novices, have completed a science-teacher preparation program. In addition, during the in-service period, each science teacher in Israel participates in professional development in science instructional practices and assessment during his or her career, as described previously. Moreover, an independent *t* test was conducted to compare expert and novice science teachers regarding their science teaching practices in the six scales. The results are presented in Table 5. Table 5 shows that novice teachers used instigating an investigation, data collection and analysis, critique, explanation, and argumentation, and modeling teaching strategies significantly more often (mean [SD] score = 3.78 [0.62]) than their counterpart expert teachers (mean [SD] score = 3.24 [0.75], *p* < .01).

Tables 4 and 5 show that novice teachers used significantly more student-centered science teaching practices leading to NGSS-oriented student performance during science teaching than their counterpart expert teachers, whereas there were no significant differences between these two groups in traditional, teacher-centered science teaching practices leading to non NGSS-oriented student performance (National Research Council, 2012; 2013).

Table 5

*Differences in Science Instructional Practices Between Novice and Expert Teachers*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Scale | Expert Teachers (*n* = 45), Mean (SD) Score | Novice Teachers (*n* = 33), Mean (SD) Score | *t*(78) | *p* |
| Investigating an Investigation | 3.24 (0.75) | 3.78 (0.62) | 2.86 | <.01 |
| Data Collection and Analysis | 3.12 (0.88) | 3.33 (0.88) | 1.06 | <.01 |
| Critique, Explanation, and Argumentation | 3.04 (0.70) | 3.44 (0.61) | 3.23 | <.01 |
| Modeling | 2.91 (0.84) | 3.81 (0.97) | 1.26 | <.01 |
| Traditional Instruction | 4.27 (0.59) | 4.22 (0.59) | 0.42 | .68 |
| Prior Knowledge | 4.48 (0.58) | 4.56 (0.48) | 0.60 | .54 |

We calculated the total number of hours during which the average teacher had participated in science-teaching PD during his or her entire in-service career, both for experienced and for novice teachers; the results are presented in Table 6. A statistical comparison shows that novice teachers participated in a significantly higher number of PD hours in science teaching practices during their career.

This difference in PD may enable novice teachers to acquire more up-to-date science instructional practices, such as teaching science by investigation, inquiry, and problem-based methodology—instructional practices leading to NGSS abilities (Hayes et al., 2016).

Table 6

*Statistical Comparison Between Expert and Novice Teachers Regarding the Average Number of PD Hours Spent on Science Instructional Teaching Practices*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Novice Teachers, Mean (SD) Score | Expert Teachers, Mean (SD) Score | *t*(78) | *p* |
| Average number of PD hours | 24.64 (14.11) | 22.61 (14.52) | 10.44 | < .001 |

*Note*. NGSS = Next Generation Science Standards; PD = professional development; SD = standard deviation.

**Summary, Conclusions, and Recommendations**

The current study examined the science instructional practices Arab teachers in Israel use in elementary and middle school science classes and how they are aligned to the new and up to date NGSS science instructional practices. Moreover, science teaching practices were compared between novice and expert teachers.

This study found that Arab science teachers in Israel seem to use teacher-centered teaching practices such as traditional instruction and using students’ prior knowledge significantly more than NGSS instructional practices such as instigating an investigation, data collection and analysis, critique, explanation, argumentation, and modeling, a tendency that may lead to non-NGSS student performance. This finding is in parallel to Abu-Asbah (2007), who indicated that teaching strategies in Arab schools in Israel are based mainly on frontal, traditional instruction and teacher-centered teaching methods, although there are increased calls to use alternative teaching strategies. Authors (2016) found in a comparative study that Israeli Arab chemistry teachers’ beliefs about the chemistry classroom are very self-centered, in contrast to the modern science education teaching standards that call for student-centered science teaching practices that lead to NGSS student performance (National Academies of Sciences, Engineering, and Medicine, 2015; National Research Council, 2013). In this study, Arab science teachers’ reports about their science teaching practices indicated they used transmission-oriented, teacher-centered science teaching practices that lead to non-NGSS student performance, as was described for chemistry teachers in other Arab societies (Al-Amoush, Markic, & Eilks, 2012; Al-Amoush, Usak, Erdogan, Markic, & Eilks, 2014).

In a similar manner, Authors (2012) found that Arab teachers in Israel perceive themselves to be the key to the learning process and the responsible person during their teaching. This perception seems to lead them to use teacher-centered science teaching practices that in turn lead to non-NGSS student performance; they focus more on traditional instruction and using students’ prior knowledge and less on NGSS science teaching practices that require students to perform investigation, data collection, criticism and argumentation, and modeling. This seems to be a result of the teachers’ perception of their students as help-seekers and support-askers owing to students’ inability and uncertainty (Authors, 2012).

Moreover, the current study found that novice Arab science teachers seem to use up-to-date instructional practices such as instigating an investigation, data collection and analysis, critique, explanation, argumentation, and modeling more than traditional, teacher-centered science teaching practices that lead to non-NGSS student performance. This finding was attributed to novice teachers’ participation in a larger number of PD hours spent learning new student-centered science teaching practices during their in-service period; this may explain why novice teachers indicated in the SIPS survey that they use more student-centered science teaching practices leading to NGSS student performance than did expert teachers who had finished their science teacher preparation programs more than 10 years ago.

These findings suggest that it could be highly beneficial for Arab science teachers in Israel, especially those with more teaching experience, to participate in professional development programs to gain up-to-date, student-centered science teaching practices leading to NGSS student performance such as instigating an investigation, data collection and analysis, critique, explanation, and argumentation, and modeling and implement them during their science teaching, thus bringing their students to such a level that they obtain these 21st-century skills and meet the Next Generation Science Standards (National Research Council, 2013).

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