**Gerontology: Psychological Aspects**

This course surveys the main psychological aspects of old age from the viewpoint of lifespan developmental psychology. Principal theories of development of the adult and the elderly person are presented, and relevant processes in the following areas are surveyed: personality, cognition, social adjustment, family, health, subjective well-being and mental health.
**Health Professions Hall 101**

Final exam: 7 July.2019
Final exam, second opportunity: 8 August 2019

**Required Bibliography for Gerontology**
1. Prilotsky, D., and Cohen, M. editors (2015) Practical Gerontology. JDC Israel
a. Selected Topics in the Care of the Elderly pp. 101-114
b. Unique Characteristics of the Treatment of an Aging Population, pp. 127-131
c. What is the Preferred Psychological Treatment? pp. 136-141

(This book is available on the Internet.)

2. Kaveh, G. (2014) Psychology of Aging and Old Age. Open University.

a. Emotional and Personality Aspects of Aging pp. 179-204
b. Cognitive Aging pp. 115-137

3. Katznelson, E. (2018) Appropriate Use of Humor in Dialog Between a Physician and an Elderly Patient. Dorot. (This article is available on the website)

**B.** Course Requirements

1. Class attendance is required. Completion of tasks presented in the class.

2. Course summary exam. This examination is a multiple-choice test. Examples of test questions will be provided. Half of the questions will be taken from the psychology lectures, and half from the physical therapy lectures.

1. Three quarters of the questions will be taken from class material, and one quarter of the questions from the reading material.

**Sources for Further Study:**