**Ayala Bresler Nardi**

Ayala.nardi@gmail.com

972-52-3547901

**Education**

2021: University of Haifa, Doctoral Research Program, Faculty of Welfare and Health Sciences, School for Therapy through the Arts. Research topic: “Analysis of Therapy Diaries: Processes and Interventions in Movement Therapy in Children with Anxiety Disorder.” Advisors: Dr. Einat Shofar and Dr. Michal Bat Or. Graduated with First Class Honors.

2019–2020: University of Haifa, Faculty of Welfare and Health Sciences, Track for Experienced Caregivers. Graduated with High Honors.

2009: Leslie College (Kibbutzim College), MA, Expressive and Creative Therapy, Movement and Dance Therapy. Thesis: “A Verbal Physical Processing Model for Transference and Countertransference Content.” Advisor: Dr. Ronen Kovalsky. Graduated with honors.

2006: Tel Aviv University, BA, Department of Theater Arts.

**Additional Professional Training**

2020–2022: Treatment of Trauma and Sexual Injuries: Dr. Galit Ben Amitai, Dr. Tzvia Zeligman

2020–2022: Learning Group, DBT (Dialectical Behavior Therapy) Treatment in Eating Disorders: Noa Levi Hecht.

2019: The Center for the Treatment of Stress, Anxiety and Trauma, SE Beginning 1: Gina Ross.

2015–2016: “Matia” (Israel’s Ministry of Education’s Municipal and Regional Center for Mainstreaming Special Education), Tel Aviv: Dr. Ronen Berger.

2013–2014: “Matia” Rishon Letzion, Narrative Therapy, Ms. Anat Blaungard.

**Supervisory Training**

2022–present: Ms. Smadar Rayner, psychoanalyst.

2020–present: Dr. Einat Tzubari, clinical social worker, Director of the Hadarim Clinic for the Treatment of Eating Disorders, Shalvata Hospital.

2020–present: Ms. Ruthi Reshef and Ms. Noa Levy Hecht, Peer Group for DBT Treatment.

**Professional Experience**

2020–present: Movement therapist and case management at Hadarim Clinic for Eating Disorders, Shalvata Hospital. Responsibilities include treatment of girls, parental and family counseling, and treatment of women.

2018–present: Private practice: child and youth care, parental training and individual care for adults.

2015–2020: Director, Therapy Center of the Aviv Educational Center. Responsibilities included establishing, developing, and managing a team of ten therapists; running team meetings, leading professional training for the therapeutic and educational team; training women students in movement therapy; and interfacing with internal and external bodies. In addition to administrative tasks, I also provided individual and group treatments and parental counseling.

2012–2015: Movement Therapist, Merhavim School, Rishon Letzion.

2012–2015: Movement Therapist at “Urim,” an anthroposophical school in Kfar HaYarok.

2008–2009: Practical training at a mental health clinic for children and Youth, Tel Aviv.

2007–2008: Practical training in a closed women’s ward, Pardesiya Hospital.

**Teaching and Experience Training**

2018–2020: Ono Academic College, School of Arts and Society, supervising movement therapy students in the clinical field.

2016–2019: Kibbutzim College, Guest Lecturer in the advanced clinical seminar.

2017: Kibbutzim College, “Shaar HaNefesh” (Gate to the Soul) program: “The Group as a Space of Mirrors”: Processes in Movement and Color, 30-hour training program in anthroposophical methods for art therapy.

**Conference Presentations**

September 23 – 25: 24th European Conference of EADMT (European Association of Dance Movement Therapists). Berlin, Germany. “From Disconnection to Connection.”

2022: Annual Conference of the Society for Qualitative Inquiry in Psychology (Virtual Conference). “Dance Movement Therapy Processes and Interventions Derived from Therapy Logs.”

2022: International Psychological Applications and Trends Conference. Maderia, Portugal. “Dance Movement Therapy Processes and Interventions in the Treatment of Children with Anxiety Disorders Derived from Treatment Therapy Logs.”

October, 2022: Israeli Research Group for Psychotherapy conference (IL-SPR) in collaboration with The Freud Center, The Hebrew University, The Mifrasim Research and Teaching Center for Psychotherapy of the Tel Aviv-Yafo Academic College. “Analysis of Therapy Diaries: Processes and Interventions in Movement Therapy.”

2019: Conference on Movement and Cognition. Tel Aviv University, July 2019 “Movement Self-Portraits.”

**Invitations to Future Conferences**

April, 2023: International Psychological Applications Conference and Trends, Lisbon, Portugal. “Analyzing Therapy Logs: Physical Clinical Manifestations among Children with Anxiety Symptoms during Dance Movement Therapy.”

February, 2023: YHT’s Biennial Conference for Therapy Through the Arts. “Analysis of Therapy Diaries: Processes and Interventions in Children with Anxiety Disorder.”

**Publications**

Bresler Nardi, A., Bar Or, M., & Shuper Engelhard, E. (xxxx). Dance movement therapy processes and interventions in the treatment of children with anxiety disorders derived from treatment therapy logs.” Conference Paper, pp. 42–46).

Bresler Nardi , A., Shuper Engelhard, E., Bat Or, M. (Undergoing revisions,2023). Analyzing therapy logs: Mapping physical and mental manifestations of anxiety among children undergoing dance/movement therapy. *American Journal of Dance Therapy*.

Bresler Nardi, A., Shuper Engelhard, E., Bat Or, M. (2022). Dance movement therapy processes and interventions in the treatment of children with anxiety disorders derived from treatment therapy logs. *The Arts in Psychotherapy*, *80* (July), 42–46. https://doi.org/10.36315/2022inpact009

Bresler Nardi, A. (2021). Analysis of treatment diaries: Processes and interventions in the treatment of movement in children with anxiety disorder. Thesis, University of Haifa.

Bresler Nardi, A., (2019) Movement self-portraits. *Movementis: Movement and Cognition*. Conference Paper.

**Additional Work Experience**

2012–2014: Established and managed the “Creative Circle,” a cooperative of 13 choreographers who shared work processes and held evening collaborative performances once every two months. We also produced an annual three-day festival. Once every two months, we held evenings presenting collaborative performances and we jointly held an annual three-day festival.

As a dancer and creator, my works have been presented in various settings, including the “Instrument Experiment” Festival, the “Diver” Festival and the Karmiel Festival and well as at the Tsavata theater and at independently produced evening performances.

I have participated in a variety of plays and dance performances in Israel and around the world, including productions of the Israeli Opera, the Beit Leissin Theater, the Haifa Theater, Tzvata Theatre, Tmuna Theater, The Acre Festival, and musicals and children’s shows.

**Awards and Scholarships**

2016: Golden Hedgehog Award for the show “Practice Makes Perfect.”

2012: Best Performer Award in the show “Deeper Neighbor’s Sadness,” Lodze, Poland. I also performed this work at festivals in Acre, Macedonia, Germany, Poland, Belgium, Italy, Spain, Denmark, New York, and Singapore.

2011, 2002: America-Israeli Cultural Foundation merit scholarships for performance.