**Pathways to Parenting Stress Reduction among Parents in South Africa**

**Authors: Adeem Ahmad Massarwi\*1,2, Lucie Cluver1,3, Franziska Meinck4, Jenny Doubt1, & Ohad Green1**

1 Centre for Evidence-Based Intervention, Department of Social Policy & Intervention, University of Oxford, United Kingdom.

2 Department of Social Work, Ben-Gurion University of the Negev, Israel

3 Department of Psychiatry and Mental Health, University of Cape Town, South Africa

4 School of Social & Political Sciences, University of Edinburgh, United Kingdom

\*Corresponding author: Adeem Ahamd Massarwi

[adeemass@bgu.ac.il](mailto:Adeem.massarwa@mail.huji.ac.il)