



Psychological Distress among Different Groups of Women: Recommendations for Mental Health Promotion

Guest Editors:

Dr. Sarah Abu-Kaf

Conflict Management &
Resolution Program, Department
of Interdisciplinary Studies, Ben-
Gurion University of the Negev,
Beer-Sheva 8410501, Israel

aks@bgu.ac.il

Dr. Anat Brunstein-Klomek

Baruch Ivcher School of
Psychology, Reichman University
(IDC Herzliya), Herzliya 4610101,
Israel

bkanat@idc.ac.il

Deadline for manuscript
submissions:

5 May 2023

Message from the Guest Editors

Psychological distress refers to a wide range of non-specific symptoms related to common mental-health problems such as anxiety, depression, and somatization. Many studies have found women to be more vulnerable than men to psychological distress. This Special Issue aims to shed light on studies examining psychological distress among different groups of women, with groupings based on factors such as cultural context, race/ethnicity, immigration, religious affiliation, minority status, socio-economic status, age, professional background, marital status, living with disabilities, and being a youth at risk, among others. The current issue welcomes quantitative and qualitative research related to risk and protective factors contributing to psychological distress among different groups of women. Special attention will be paid to the important recommendations for promoting mental health derived from the different studies. We also welcome research related to the evaluation of the efficacy of interventions designed to decrease psychological distress and promote well-being among women.





International Journal of *Environmental Research and Public Health*



an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

Department of Biology, College of Science, Engineering and Technology, Jackson State University, 1400 Lynch Street, Box 18750, Jackson, MS 39217, USA

Message from the Editor-in-Chief

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Environmental Research and Public
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MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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