**Preventative Health Behaviors, BMI, and COVID-19 among Religiously Diverse Adults in Israel**

**Hila Videl\* RN,** PhD**, 1,2 Chedva LevinRN,** PhD**1,** Ilana Azulay Chertok, PhD, MSN, IBCLC**3**

**1The Jerusalem College of Technology – Lev Academic Center, Department of Nursing, Jerusalem, Israel**

**2Herzliya Medical Center, Herzliya, Israel**

**3 College of Health Sciences and Professions, Ohio University, Athens, Ohio**

**\*Corresponding author:**

**Hila Videl**

**hilavidel@gmail.com**

**Remez 12 St., Bnei Berak, Israel**

**+972526347777**

**I am senior registered nurse (specialist in infection prevention) and a lecturer at the ultra-orthodox Jewish College. My research activity focus on exploring how culture affects lifestyle-behaviors among different Jewish ultra-orthodox communities to harness the lifestyle for health promotion. During the Corona crisis I managed the challenging tasks in HMC via the implementation of Preventative Health-Behaviors practices like hand washing, face mask, isolation, and quarantine. Given that assimilation of preventive practices and adopting a healthy lifestyle is affected by culture, religion, and personal factors my mission is to facilitate health promotion process at the privet and clinical settings.**

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**Contribution:**

H.V. conceived of the presented idea. developed the theory and All authors discussed the results and contributed to the final manuscript.

I.A.CH. contributed to the design and implementation of the research, took the lead in writing the manuscript. All authors provided critical feedback and helped shape the research, analysis and manuscript.

C.L analyzed the data, performed the measurements, all authors discussed the results and manuscript.

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