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# Consent

REQUIREMENTS: You must be at least 18 years old to participate.

DESCRIPTION: This is a study on people’s daily life experience. The survey takes about 8-10 minutes to complete, so please be sure you have enough time to finish.

RISKS: There are no known risks from taking part in this study.

BENEFITS: There are no direct benefits to you as an individual.  We believe this research will help us better understand what influences people’s daily experience.

COMPENSATION: You will be compensated via [panel name].

CONFIDENTIALITY: The results of these research studies may be used in reports, presentations, and publications, but the researchers will not identify you in any way.

WITHDRAWAL PRIVILEGE: Participation in this research is completely voluntary. It is ok for you to say no. You may choose to withdraw from the study at any time.

CONSENT: Any questions you have concerning this research, or your participation in the study, can be answered by Allon Vishkin (avishkin@umich.edu) If you have questions about your rights as a participant in this research, or if you feel you have been placed at risk, you can contact the Chair of the Human Subjects Institutional Review Board, at Artis International (irb@artisinternational.org).   **By selecting "Next" at the bottom of this page, you agree to continue with this study. Thanks for helping with this research!**

# Religiosity

## Religious Commitment Inventory (10; RCI)

Read each of the following statements. Mark the response that best describes how true each statement is for you.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Not at all**true of me1 | **Somewhat**true of me2 | **Moderately**true of me3 | **Mostly**true of me4 | **Totally**true of me5 |
| 1. I often read books and magazines about my faith. |  |  |  |  |  |
| 2. I make financial contributions to my religious organization. |  |  |  |  |  |
| 3. I spend time trying to grow in understanding of my faith. |  |  |  |  |  |
| 4. Religion is especially important to me because it answers many questions about the meaning of life. |  |  |  |  |  |
| 5. My religious beliefs lie behind my whole approach to life. |  |  |  |  |  |
| 6. I enjoy spending time with others of my religious affiliation. |  |  |  |  |  |
| 7. Religious beliefs influence all my dealings in life. |  |  |  |  |  |
| 8. It is important to me to spend periods of time in private religious thought and reflection. |  |  |  |  |  |
| 9. I enjoy working in the activities of my religious affiliation. |  |  |  |  |  |
| 10. I keep well informed about my local religious group and have some influence in its decisions. |  |  |  |  |  |

## Religious Affiliation (1)

What is your religion?

Roman Catholic

Christian Orthodox

Protestant

Muslim

Buddhist

Hindu

Jewish

Atheist

Agnostic

Other (please specify)

# Desired Emotions (4)

The following list contains items that reflect different feelings and emotions. For each item, please indicate the extent to which you generally WANT to experience it in your daily life. Mark the point on the scale that shows how often you want to experience the feeling, in general.

|  |  |
| --- | --- |
|  | **HOW OFTEN DO YOU WANT TO FEEL…** |
|  |  | **Never**  | **Rarely** | **Sometimes** | **Often**  | **Most of the time** |
| 1 | **Grateful to God** |  |  |  |  |  |
| 2 | **Grateful to other people** |  |  |  |  |  |
| 3 | **In awe of God** |  |  |  |  |  |
| 4 | **In awe of other people** |  |  |  |  |  |

# Motivations

## Connect to God (5)

People differ in their motivation to be close to God. In general, to what extent do you want to:

Communicate dailywith God?

Connect daily with God?

Always avoid a negative relationship with God?

Always maintain a positive relationship with God?

Always draw close to, and not distant, from God?

Scale:

 1 Not at all

2 To a very limited extent

3 To a limited extent

4 Somewhat

5 To a moderate extent

6 To a great extent

7 To a very great extent

## Connect to Other People (5)

People differ in their motivation to be close to other people. In general, to what extent do you want to:

Communicate daily with other people?

Connect daily with other people?

Always avoid a negative relationship with other people?

Always maintain a positive relationship with other people?

Always draw close to, and not distant, from other people?

## Indebted to God (5)

People differ in their motivation to be indebted to God. In general, to what extent do you want to:

Be dependent on God?

Have obligations towards God?

Be indebted to God?

Owe favors to God?

Be reliant on God?

## Indebted to other people (5)

People differ in their motivation to be indebted to other people. In general, to what extent do you want to:

Be dependent on other people?

Have obligations towards other people?

Be indebted to other people?

Owe favors to other people?

Be reliant on other people?

# Gratitude experience

## To God (6)

Please indicate to what extent you agree with each of the statements below. Please note that they refer specifically to **God**.

1. I have so much in life to be thankful to God for.

2. If I had to list everything that I felt grateful to God for, it would be a very long list.

3. When I look at the world, I don’t see much to be grateful to God for.

4. I am grateful to God for a wide variety of things.

5. As I get older I find myself more able to appreciate the way God has been part of my life history.

6. Long amounts of time can go by before I feel grateful to God.

Scale:

 1 Strongly disagree

 2 Disagree

 3 Slightly disagree

 4 neutral

 5 slightly agree

 6 Agree

 7 Strongly agree

## To other people (6)

Please indicate to what extent you agree with each of the statements below. Please note that they refer specifically to **other people**.

1. I have so much in life to be thankful to other people for.

2. If I had to list everything that I felt grateful to other people for, it would be a very long list.

3. When I look at the world, I don’t see much to be grateful to other people for.

4. I am grateful to other people for a wide variety of things.

5. As I get older I find myself more able to appreciate the way the universe has been part of my life history.

6. Long amounts of time can go by before I feel grateful to the universe.

# Implicit Theories

## Emotions (8)

Please read each statement and decide whether or not you agree with it.

1. No matter how hard they try, people can’t really change the emotions that they have.
2. Everyone can learn to control their emotions.
3. The truth is, people have very little control over their emotions.
4. If they want to, people can change the emotions that they have.
5. No matter how hard I try, I can’t really change the emotions I have.
6. I can learn to control my emotions.
7. If I want to, I can change the emotions I have.
8. The truth is, I have very little control over my emotions.

Scale:

 1 Strongly disagree

 2 Disagree

 3 Neither agree nor disagree

 4 Agree

 5 Strongly agree

## Intelligence (8)

1. People have a certain amount of intelligence, and they can’t really do much to change it.
2. My intelligence is something about me that I can’t change very much.
3. No matter who they are, people can significantly change their intelligence level
4. To be honest, people can’t really change how intelligent you are.
5. I can always substantially change how intelligent I am.
6. I can learn new things, but I can’t really change my basic intelligence.
7. No matter how much intelligence I have, I can always change it quite a bit.
8. People can change even their basic level of intelligence considerably.

## Implicit theories of morality (8)

1. A person’s moral character is something basic about them and they can’t change it much.
2. Whether a person is responsible or not is deeply ingrained in their personality. It cannot be changed very much.
3. People can’t do much to change their moral traits, such as whether they are honest.
4. People have control over how much their behavior is moral or immoral.
5. My moral character is something basic about me and I can’t change it much.
6. Whether I am responsible or not is deeply ingrained in my personality. It cannot be changed very much.
7. I can’t do much to change my moral traits, such as whether I am honest.
8. I have control over how much my behavior is moral or immoral.

# Judging emotions (6)

Different people feel different emotions in different situations. Some of these emotions might sometimes be justified, and some might never be justified. To what extent can feeling the following emotions always be justified, never be justified, or something in between?

 Hatred

 Anger

 Envy

 Sadness

 Disgust

 Fear

Scale:

 1: Never justified

 4: Sometimes justified

 7: Always justified

# Demographics (3)

Please answer the questions below, as they refer to you:

1. Age: \_\_\_
2. Gender:
	1. Male
	2. Female
	3. Prefer not to say
3. What is yourhighest level of education?

Less than complete secondary education

 Completed secondary education [high school]

Some tertiary education [College]

Complete tertiary education [College Diploma]

Some graduate education [post college]

Post-graduate degree [masters, PhD, professional]

# Attention check (1)

We are interested in how well you remember the questions in the survey. Please indicate which 3 of the following 7 items you completed in this survey.

I keep my emotions to myself.

Emotions cause problems in my life.

I avoid attending social activities.

I am a very compassionate person.

# Debriefing

**Thank you for taking the time to complete this survey!**

We would now like to briefly explain what this research study is about:

Gratitude plays a different role in different cultures. In this project, we sought to examine how gratitude towards God and towards others varies by culture. The study you completed is being conducted in a number of countries around the world whose cultures are distinct. Your contribution will help us understand gratitude and its variation and consistency across cultures.