28 May 2019

To whom it may concern

**Re: Adam Gardin-Goldfine (D.O.B. 8/10/2004)**

Adam Gardin-Goldfine has been a patient under my care since March 2018. He has received diagnoses of Autism Spectrum Disorder and Attention Deficit Hyperactivity Disorder. When I first saw Adam, he was also grappling with a Major Depressive Disorder. The mood disturbance has not settled.

Adam continues to struggle with the above-mentioned difficulties, which impact on school (he has moved schools), relationships within his family, and with social relationships.

Adam’s specific challenges relate to his difficulty with emotional regulation (including problems self-regulating a range of feelings, including anger) and with focusing on tasks. When Adam is engaged in a task, he can complete the task, is thorough in the way he goes about it, and is amicable. However, when Adam is required to do something that he is not keen on, he can become oppositional and defiant.

A variety of strategies have been used to help Adam in recent years, including pharmacological (he is currently on Vyvanse and Lovan), psychological and specific school based interventions. He currently sees a psychiatrist, a paediatrician and a speech pathologist,

Adam is a bright and passionate youth, who is well-intentioned and I note also has a strong love of animals.

I am hopeful that Adam will be able to be accommodated by your service.

Yours sincerely



**Professor Garry Walter AM**

Child, Family and Adult Psychiatrist