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March 6, 2019

Re: Eathan Guttman

DOB: 8/31/2005

To Whom It May Concern,

Eathan Guttman has been a patient under my care since November of 2014. Eathan presented for evaluation and treatment when his therapist and parents noted a decline in Eathan's ability to function at school as well as a worsening of his mood.

Eathan has struggled with his mood and behavior since the third grade. At that time Eathan was diagnosed as having Attention Deficit Hyperactivity Disorder as well as Major Depressive Disorder with anxiety. For Eathan anxiety has presented itself in the form of separation anxiety. Eathan has been prescribed medication since the third grade.

Eathan has had several brief hospitalizations for his depression. His most recent admission was in December of 2018 in the context of Eathan becoming overwhelmed and discouraged by the situation at his current school. He felt he was not learning, that the other students were unkind to him and poorly managed by the teachers. Eathan felt that even when he asked for help from the adults at school nothing was done. At the time of admission Eathan experienced suicidal ideation. He had no specific plan. Eathan has had suicidal ideation in the past but no suicide attempt.

Eathan is compliant with his treatment and in taking his medication. If he were to stop taking medication Eathan would experience a worsening in his symptoms of attention, disorganization, and mood. Given his previous history it is unlikely that Eathan would be a danger to himself or to others but would experience a decline in function.

Eathan has been in an individual therapy for many years. His medication treatment has been followed by me. While in Israel Eathan should continue to get the same therapeutic support.

Eathan has been to Israel on many occasions. He has historically had no issues with the flight. Eathan loves Israel and has always thrived on his visits.

Current Medications:

Sertraline 150 mg at bed  
Risperidone 2 mg at bed  
Vyvanse 60 mg in the morning

Diagnosis:

AXIS I: Attention Deficit Disorder, combined subtype  
Major Depression, moderate, recurrent with features of panic and anxiety  
Axis II: none  
AXIS III: No Acute Medical Issue  
AXIS IV: Psychosocial Stressor include family situation. some isolation from peers  
AXIS V: GAF 45 as patient is unable to function and learn at school

Your help in this matter is greatly appreciated. If there are further questions please feel free to contact me at 212- 452- 3310.

Sincerely,



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