

<b>Participant ID:</b>	
<b>Date:</b>	
<b>Start Time:</b>	
<b>End Time:</b>	
<b>Interviewer:</b>	

**Interviewer:** Hi! Thank you so much for letting us interview you! How are you doing today?

**Participant:** [x]

**Interviewer:** [Great!/Relevant response.] Before I begin, I just want to tell you a bit about how this interview will go. I have a script with me that I will be reading, and this helps us ensure that these interviews are consistent. As you may recall from our consenting process, I am going to be **audio and/or video\*** recording our conversation and asking you about your perspective about your child’s transition to adulthood in relation to his/her/their sensory sensitivities and interests. We’ll be doing something called a “semi-structured interview” where I have a set of planned questions, but I will be following your lead based upon what you say and adapting my questions to follow our conversation. Do you have any questions before we begin?

\* Refer to consent. Participants will have consented to be audio and/or video recording.

**Participant:** [x]

**Interviewer:** [answer questions] Ready?

**Participant:** [x]

*Note to interviewer:* To draw more information out of the participant, ask:

- i. Can you tell me more about that?
- ii. How so?
- iii. Can you give me an example?

<b>Primary Research Questions</b>	<b>Secondary Research Questions and Prompts/Probes</b> <i>(Note: prompts/probes are in italics)</i>
1. Could you start off by telling me about your child’s sensory sensitivities and interests? Are there things he/she really likes or really dislikes?	<ul style="list-style-type: none"> <li>i. Do these sensitivities cause or increase anxiety for your child?                             <ul style="list-style-type: none"> <li>a. How does your child manage these anxieties? Through medications or targeted therapies?</li> </ul> </li> <li>ii. How have these sensitivities changed over time?                             <ul style="list-style-type: none"> <li>a. <i>Were they more or less severe when your child was younger? The same or different?</i></li> <li>b. Are these changes related to independence your child has gained over time? How so?</li> </ul> </li> <li>iii. Has the anxiety changed over time as well?                             <ul style="list-style-type: none"> <li>a. <i>Previous medication or therapies?</i></li> <li>b. <i>In relation to their independence?</i></li> </ul> </li> </ul>

	<p>iv. How does your child cope with, manage, or handle these sensitivities and interests?</p> <ul style="list-style-type: none"> <li>a. <i>Avoiding them? Learning to face them?</i></li> <li>b. Has your child received specific therapies or interventions for their sensory sensitivities?</li> <li>c. <i>Have you helped them with this? How so?</i></li> </ul> <p>v. What goals or hopes do you have for your child in regards to their sensory sensitivities and interests?</p> <ul style="list-style-type: none"> <li>a. <i>Overcome them? Manage them better?</i></li> </ul>
<p>2. As your child has grown up and aged, how has your community reacted to his/her/their sensory sensitivities and interests?</p>	<p>i. Was the community more accepting or accommodating when they were younger?</p> <ul style="list-style-type: none"> <li>a. <i>What about now?</i></li> </ul> <p>ii. Which aspects of their community? Were different places or spaces more or less accommodating?</p> <ul style="list-style-type: none"> <li>a. <i>School or work? Community, religious groups, or family?</i></li> </ul> <p>iii. Do you have worries (or hopes) for how their community will react in the future?</p>
<p>3. In the “transition to adulthood”, where do you see your child?</p>	<p>i. At what stage of independence are they?</p> <ul style="list-style-type: none"> <li>a. <i>Wanting to live on their own?</i></li> <li>b. <i>Have their own job? Want a job?</i></li> <li>c. <i>Manage their own money? Their bills?</i></li> <li>d. <i>Clean up after themselves? Care for themselves physically?</i></li> <li>e. <i>Cook or shop for themselves?</i></li> <li>f. <i>Manage their social life?</i></li> </ul> <p>ii. Do you think they will be able to achieve more independence in the future?</p> <ul style="list-style-type: none"> <li>a. <i>How?</i></li> <li>b. <i>What type?</i></li> <li>a. <i>When?</i></li> </ul>

	<ul style="list-style-type: none"> <li>iv. What would help them move into adulthood?           <ul style="list-style-type: none"> <li>a. <i>Particular services or interventions?</i></li> </ul> </li> </ul>
<p>4. Putting these two ideas together, sensory sensitivities and transitioning to adulthood, how do these two aspects intersect for your child?</p>	<ul style="list-style-type: none"> <li>i. Are these sensitivities and interests an obstacle or a vehicle to your child's independence?</li> <li>ii. What do you anticipate as being challenging for your child as they gain (more) independence in regards to their sensitivities and interests?           <ul style="list-style-type: none"> <li>a. <i>In what areas of their life?</i></li> <li>b. <i>Which sensitivities?</i></li> </ul> </li> <li>iii. What do you think would help your child?           <ul style="list-style-type: none"> <li>a. Particular services or interventions?               <ul style="list-style-type: none"> <li>i. <i>What type?</i> <ul style="list-style-type: none"> <li>1. <i>OT? Environmental accommodations? Aids?</i></li> <li>ii. <i>A video game maybe....?</i></li> </ul> </li> </ul> </li> <li>b. Are there gaps in available services or interventions?               <ul style="list-style-type: none"> <li>i. <i>Where are they?</i></li> <li>ii. <i>What are they?</i></li> </ul> </li> </ul> </li> <li>iv. How do your child's sensitivities and interests impact your goals, hopes, or expectations for your child as they navigate adulthood?</li> </ul>
<p>5. Finally, as a caregiver of child with ASD and sensory sensitivities, what does "transitioning to adulthood" mean to you?</p>	<ul style="list-style-type: none"> <li>i. How has this changed over time?</li> <li>ii. What do you see happening in your child's future?           <ul style="list-style-type: none"> <li>a. <i>Finishing school?</i></li> <li>b. <i>Holding a job?</i></li> <li>c. <i>Moving out?</i></li> <li>d. <i>Having a partner and/or a family?</i></li> </ul> </li> <li>iii. Did your child's sensory sensitivities or interests impact your current perspective?           <ul style="list-style-type: none"> <li>a. <i>How so?</i></li> </ul> </li> </ul>

Notes:

**Interviewer:** Those are all my interview questions! Is there anything else you'd like to add?

**Participant:** [x]

**Interviewer:** Excellent. Thank you so much for your time and your insight! I have one final question for you. Do you know other parents or caregivers who might be interested in participating in this study?

**Participant:** [x]

**Interviewer: IF YES** Excellent! You're welcome to send them my contact information, or if you think they'd be comfortable with it, if you share their contact information, I can reach out to them.

**Participant:** [x]

<b>Name:</b>	
<b>Email:</b>	
<b>Phone Number:</b>	
<b>Relation:</b>	
<b>Notes:</b>	

**Interviewer: IF NO** No worries! If you think of anyone later, you're welcome to send them our way or let me know who they are, and I can reach out myself.

**Participant:** [x]

**Interviewer:** This has been tremendously helpful. In the next few days, expect a follow up thank you email from me and that will include a gift card as compensation for your time. Thank you again so much. Stay well!