Psych Pointe of Florida

5979 Vineland Road Ste. # 109 Orlando, FL 32819 - P: 407-270-7702 F: 407-270-7705 Syed O. Quadri, MD

October 31, 2018

RE: Jonah Mostyn

DOB: 01/07/2006

To Whom it May Concern:

The above mentioned patient is currently under my psychiatric care. Brigid has been a patient since October 17, 2018. He is diagnosed with Autistic Disorder; Major Depressive Disorder, Recurrent, Moderate; and Generalized Anxiety Disorder.

Jonah was referred for a neuropsychological evaluation. Results indicate Jonah's general intellectual functioning fell within the below-average range, with a relative strength in working memory and relative weakness in processing speed. His general memory functioning fell within the impaired range. His performance on tests of visual and verbal memory ranged was impaired. His performance on tests of learning was impaired. His performance on brief tests of attention and concentration fell within the average range. His performance on a test of sustained visual attention was associated with a very high likelihood of having a disorder characterized by attention deficits and issues related to inattentiveness and vigilance. His performance on tests of higher-order cognitive functions was variable, with below average access to his verbal lexicon and impaired verbal inhibition and divided attention. His visuomotor integration was average. His finemotor speed and coordination was below-average for his dominant hand and impaired for his non-dominant hand. His listening comprehension was below average and oral expression was average.

Parent ratings of Jonah's emotional/behavioral functioning suggest he demonstrates significantly more behaviors related to hyperactivity, anxiety, depression, attention problems, atypicality, and withdrawal, and moderately more behaviors related to somatization than other children his age. Ratings on this scale suggest significant

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difficulties with functional communication, and moderate difficulties with adaptability, social skills, and activities of daily living compared to same-age peers. On a self-report measure, Jonah reported significant difficulties with atypical behaviors, locus of control, social stress, anxiety, depression, sense of inadequacy, somatization, and attention problems, and moderate difficulties with hyperactivity compared to same age peers. He reported significant difficulties with interpersonal relation and moderate difficulties with selfreliance. Parent ratings on a scale designed to assess behavioral symptoms of Autism Spectrum Disorder (ASD) suggest Jonah demonstrates several behaviors consistent with ASD, including difficulties with peer socialization, adult socialization, atypical language, stereotypical behaviors, behavioral rigidity, sensory sensitivity, and attention. Parent ratings of adaptive behavior suggest below average communication skills and impaired socialization and daily living skills.

Results are consistent with Jonah's previous diagnosis of Autism Spectrum Disorder (ASD), requiring support, due to elevated difficulties with socialization, unusual behaviors, and selfregulation, as well as impaired daily living skills. Results are consistent with a co-occurring diagnosis of Attention-Deficit/Hyperactivity Disorder (ADHD), Predominantly Inattentive Presentation, as evidenced by impaired performance on tests of processing speed, memory, learning, sustained visual attention, and divided attention. Jonah's performance on a test of finemotor speed and coordination indicates a possible Developmental Coordination Disorder. Mood and behavioral difficulties appear secondary to the negative impact of his difficulties with socialization, unusual behaviors, behavioral rigidity, and inattention upon his daily functioning.

Jonah likely has difficulty with socialization and activities of daily living. He likely has difficulty with tasks requiring attention and concentration. He may be easily distracted when engaged in tasks and require increased time to complete tasks. He may have difficulty recognizing and understanding others' perspectives. He may have difficulty with tasks requiring fine-motor skills.

Jonah likely will benefit from receiving continued academic accommodations and supports at school through his Individual Education Plan (IEP). Continued speech therapy services are recommended. Academic accommodations may include: preferential seating, increased time to complete tasks, a testing environment with limited distractions, and prompting to initiate and review completed work. He may

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require increased structure in the organization of tasks and assignments and benefit from use of a daily planner. He may benefit from advanced notice of changes to his schedule, when possible.

Jonah will likely benefit from continued medication management and social skills training, as well as behavioral therapy. Applied Behavior Analysis (ABA) may help improve his attention, socialization, and activities of daily living skills. Services which assist his parents in developing behavioral interventions in the home to address issues related to inattention, functional communication, and activities of daily living may be beneficial.

These results are in accordance with my initial diagnosis.

Feel free to contact me for any further information at the number above.

Thank you,

Sved Ovadri, M.D.

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