

# Abraham Gable Yedei Chesed Day-Hab Schedule

Abraham comes Monday-Friday to Day-Hab. He arrives at 9:00am with carpool and leaves at 3:00pm all days except Fridays, when he leaves at 1:30pm with carpool.

Once he enters the Day-Hab building, he comes to the managers office to say good morning and then leaves for his 1<sup>st</sup> activity of the day.

On Monday, he has a job delivering meals to elderly people, on Tuesday he goes to the Gym, on Wednesday he has a job delivering newspapers, on Thursday he goes shopping, and on Friday he goes swimming till the Shabbos party which starts at 12:15pm.

Just a side note: Abraham works really hard when we give him tasks to do and he feels very satisfied after it is done, especially when it comes to jobs where he earns money or a treat.

Abraham comes back for Lunch at 12:15pm and at 1:00pm he gets meds which he usually will ask the staff to get his med ready for him at 12:45pm.

At 1:00pm Abraham goes out to his 2<sup>nd</sup> activity: on Monday they would go shopping for the ingredients to make a salad bar and then cut up the vegetables. On Tuesday he goes swimming, on Wednesday he works on his art project (but during the Art activity he leaves to go to speech therapy for 30 minutes), on Thursday he cooks food for Friday's Shabbos party.

At times, he can get aggressive, usually it will be because of something that happened a few days before or when his job is canceled. If his job is ever canceled I usually give him another job where he can make money which helps most times. **If Abraham becomes dangerously aggressive our policy is to seek emergency care. Knowing that Hatzalah was called he usually calms down before Hatzalah arrives.**

## Avrohom Gable – College Road Residence

Generally, Avrohom sleeps through the night and gets woken up by staff around 7am. On a rare occasion Avrohom likes to stay in bed until it gets closer to Dayhab departure time. Avrohom requires reminders to brush his teeth and apply deodorant. Avrohom is able to select his own clothing, however he needs reminders to dress himself in a fresh set of clothing and not from the day before. When he comes down dressed he eats breakfast which he is able to serve himself from the menu options offered. After breakfast, Avrohom goes to the bedroom to request his medication which he takes cooperatively. After meds, Avrohom waits by the phone calling his family members till his carpool arrives. Once Dayhab carpool arrives, he insists on sitting in the front seat.

Every day, Avrohom returns home from program between 3 - 3:30pm. Upon arrival from program Avrohom gets afternoon medication then heads to the phone to call his family members. After calling, he heads to the kitchen where he likes to sit, relax eat some snack then Avrohom likes to tell staff about his day. Avrohom doesn't have many interests which require manual labor unless its one of his key hobbies which are related to water and cars. Avrohom manages our water supply and makes sure the water coolers are always stocked with enough water for the day. Avrohom also has special interest in caring for the vehicles belonging to the residence. Avrohom likes to ensure that the cars are filled with gas but in order to do that he needs to vacuum the entire inside first. Despite the labor involved with this, Avrohom's determination gets the job done. If someone else does a job he feels was his, he generally reacts poorly and escalates quickly into an aggressive state. **Once Avrohom gets out of control we follow policy to Hatzolah and he gets transported to a local hospital for observation.** There are other triggers to Avrohom's aggression which include but aren't limited to:

- change in weather
- change in schedule
- family members out of town
- family members not answering his phone calls

Activities Avrohom enjoys doing during the afternoon include:

- Gym
- Car rides
- Arcades
- Biking
- Lawn care

Avrohom needs reminder of tasks he needs to complete, once reminded the job gets done. Avrohom isn't allowed to be in the community or residence alone without supervision.

Avrohom joins his housemates for supper which he eats and enjoys. After dinner, Avrohom enjoys food shopping, laundry, chores around the house. Before heading to bed, Avrohom needs verbal prompting to take a shower which he does independently. He then heads to bed at around 8:30pm.