Asaf Ben-Shahar, PhD 31 Harimonim Street Kiryat Tivon 3604231 Israel

E-mail: asafrbs@gmail.com

Tel: +972-(0)54-8354264



# **CURRICULUM VITAE**

I live in Kiryat Tivon in the north of Israel. After over two decades of practicing, teaching, and writing about therapy I have left it all behind to dedicate myself to writing fiction.

Fluent in Hebrew & English

### **WRITING - NON FICTION**

A Therapeutic Anatomy, Body-Psychotherapy [Hebrew]. (2013). Haifa: Pardes.

Touching the Relational Edge – Body Psychotherapy, (2014). London: Karnac.

<u>When Hurt Remains – Relational Perspectives on Therapeutic Failure</u> (co-edited with Rachel Shalit, Karnac, 2016)

<u>Speaking of Bodies</u> (co-edited with Liron Lipkies and Noa Oster, Karnac, 2016)

<u>Incorporating therapeutic concepts and Interventions within Medicine</u> (With Shamit Kadosh, Routledge, 2019)

Several book chapters and over 140 papers were published in professional journals, on subjects of art, psychotherapy, body, hypnosis, spirituality, shamanism, relationality, metaphors, and politics.

A full list of publications can be provided if needed.

## **EDITORIAL POSITIONS**

2016-2018	Editor-in-Chief, International Body Psychotherapy Journal
2015-2021	Editor, Psychotherapy and Politics International
2012-2021	Associate Editor, Body, Movement & Dance in Psychotherapy.
2012-2021	Associate Editor, Self & Society.
2012-2018	Editorial Board, International Body Psychotherapy Journal.
2011-2018	Editorial Board, Body-Psychotherapy Publications.

## **WORK EXPERIENCE**

2021-current	Freelance translating services (including for NG subtitling)
2018-2021	Co-Founded 'She'arim' a centre for the study and practice healing states of consciousness. Teaching Kabalistic principles, trance states and healing.
2017-2018	Regular contributor, With the Heart in Mind, Art Market Magazine.
2014-2018	Co-Founder and Senior lecturer, <i>Psychosoma</i>
2012-2018	Founder of, post-graduate training programme in <i>Relational Body Psychotherapy</i> under <i>The Entelia Institute,</i> London.
2012-2014	Founder and training director of <i>Psychosoma</i> , the post-graduate training programme in <i>Relational Body-Psychotherapy</i> at The Israeli Centre for Body-Mind Medicine, Ramat Hasharon, Israel.
1997-2018	Practising psychotherapy, integrating body-centred psychotherapy, Self-Relations psychotherapy with hypnotherapeutic and NLPt skills, from an overall relational perspective (Integrative Mindbody-Therapy, IMT).

# **EDUCATION**

2003-2010	PhD in Clinical Hypnotherapy with <i>AmPac</i> . Doctoral Thesis is: "Surrender to Flow," integrating moments of surrender in bodypsychotherapy, hypnosis and relational psychoanalysis. PhD awarded January 2010.
2000-2003	B.A degree programme in Clinical Hypnotherapy with <i>American Pacific University</i> (AmPac).
1994-1996	Psychology (1 year), Philosophy (2 years) and General studies (1 year) toward a B.A degree at the <i>Hebrew University</i> , Jerusalem.
1995-2014	Various short and long term clinical training in hypnosis, NLP, psychotherapy and bodywork.

### **TEACHING & LECTURING**

Lecturing and teaching worldwide in both academic and clinical settings. Teaching relational and body psychotherapy, shamanic work, Kabala, bodywork, and hypnosis. Headed both the relational body psychotherapy programme in Israel and the accreditation stage at the Entelia institute in London.

Until leaving the psychotherapy profession, Invited keynote lecturer to conferences and congresses in psychotherapy and bodywork.

A full list of lecturing and teaching positions can be provided if needed.

#### **MEDIA**

Regularly featured in semi-professional papers and magazines as well as national and international papers in Israel and Europe.

A documentary about my work was filmed as a part of series of documentaries called 'Life Changing Encounters.' The series has been broadcasted worldwide.