

Dr Sharon Parry – Curriculum Vitae

Email: sharon@parryfam.com

Mobile: +972 502345953

Education

2020	Graduate Certificate in Higher Education Innovative Learning and Teaching	<i>Curtin University</i>
2014	Doctor of Philosophy Thesis title: Sedentary time and physical activity exposure patterns and musculoskeletal symptoms of Australian office workers	<i>Curtin University</i>
1994	Masters of Applied Science (Manipulative Physiotherapy)	<i>University of Sydney</i>
1989	Bachelor of Applied Science Physiotherapy	<i>University of Sydney</i>

Professional Experience

2014-2020	Lecturer/Senior Lecturer Course Coordinator, Curriculum development and Unit Coordinator in the areas of Communication in Physiotherapy (undergraduate students) and Research Methodology (undergraduate and post-graduate students)	<i>School of Physiotherapy and Exercise Science, Curtin University</i>
2017-2021	Editorial member, <i>International Journal of Environmental Research and Public Health</i> . [Impact Factor: 3.364] Guest Editor for “Special Issue: Occupational Sedentary Behaviour”	
2016-2020	Reviewer for Physiotherapy Evidence Database (PEDro)	
2014-2020	Reviewer for Peer Reviewed Journals (over 40 papers reviewed)	
2005-2013	Lecturer/Clinical tutor Part-time sessional teaching while completing PhD	<i>School of Physiotherapy and Exercise Science, Curtin University</i>
2009-2010	Examiner for registration of overseas trained physiotherapists	<i>Australian Physiotherapy Council</i>
2007-2008	WA Co-ordinator/Examiner for registration of overseas trained physiotherapists	<i>Australian Physiotherapy Council</i>
2009-2010	Senior Physiotherapist	<i>Community Physiotherapy Services</i>

1989-2005

Clinical physiotherapist - Clinical specialty in managing musculoskeletal disorders. Work experience includes work in public and private hospitals and private practices in Sydney, Perth and Oxford, England. Research assistant and clinical tutor (casual) at the University of Sydney.

Publications

1. Parsons D, Gardner P, **Parry S**, Smart, S (2022). "Mindfulness-Based Approaches for Managing Stress, Anxiety and Depression for Health Students in Tertiary Education: a Scoping Review" *Mindfulness* (NY).13(1):1-16. DOI: 10.1007/s12671-021-01740-3. Epub 2021 Sep 11.
2. **Parry S**, Coenen P, O'Sullivan P, Maher, C and Straker, L. "Workplace interventions for increasing standing or walking for decreasing musculoskeletal symptoms in sedentary workers." *Cochrane Database of Systematic Reviews*, 2019; 2019(11): CD012487. DOI:10.1002/14651858.CD012487.pub2 **[cited: 52]**
3. Dennis D, **Parry S**, Moilin P, Mercer, L, Furness, A. (2019). "An Observational Study of a Simulation-Based Cross-Discipline Learning Activity Between Theater Arts and Physical Therapy Students." *Simulation in Healthcare*. DOI: 10.1097/SIH.0000000000000359
4. **Parry S**, Chow M, Batchelor F, Fary RE. (2018) "Physical activity and sedentary behaviour in a residential aged care facility." *Australasian Journal on Ageing*. DOI: 10.1111/ajag.12589 **[cited: 42]**
5. Ee J, **Parry S**, Oliveira BI, McVeigh JA, Howie E, Straker L. (2018) "Does a classroom standing desk intervention modify standing and sitting behaviour and musculoskeletal symptoms during school time and physical activity during waking time?" *International Journal of Environmental Research and Public Health*, 15(8). **[cited: 26]**
6. Coenen, P., **Parry, S.**, Willenberg, L., Shi, J. W., Romero, L., Blackwood, D. M., . . . Straker, L. M. (2017). "Associations of prolonged standing with musculoskeletal symptoms- A systematic review of laboratory studies." *Gait Posture*, 58, 310-318. **[cited: 100]**
7. **Parry S**, Coenen P, O'Sullivan P, Maher, C and Straker, S. (2017) "Workplace interventions for increasing standing or walking for preventing musculoskeletal symptoms in sedentary workers." (Protocol) *Cochrane Database of Systematic Reviews* DOI: 10.1002/14651858.CD012486 **[cited: 10]**
8. **Parry S**, Coenen P, O'Sullivan P, Maher, C and Straker, L. (2017) "Workplace interventions for increasing standing or walking for decreasing musculoskeletal symptoms in sedentary workers." (Protocol) *Cochrane Database of Systematic Reviews* DOI: 10.1002/14651858.CD012487
9. Dennis D, **Parry S** and Furness A. (2017) "Challenging conversations with simulated patients." *The Clinical Teacher*, 13, 1-4 **[cited:12]**
10. Coenen P, Willenberg L, **Parry S** et al. (2016) "Associations of occupational standing with musculoskeletal symptoms: a systematic review with meta-analysis." *British Journal of Sports Medicine*, 52, 3, 176-183 DOI: 10.1136/bjsports-2016-096795 **[cited: 97]**
11. Straker L, Campell A, Mathiassen SE, Abbott R, **Parry S**, Davey P. "Capturing the pattern of physical activity and sedentary behaviour: Exposure Variation Analysis of accelerometer data". *Journal of Physical Activity and Health*. 2014;11:214-625. **[cited: 48]**
12. **Parry S** and Straker L (2013). "Office work contributes significantly to sedentary behaviour associated risk." *BMC Public Health* 13: 296. **[cited: 493]**

13. **Parry S**, Straker L, Gilson ND and Smith AJ. (2013). "Participatory workplace interventions can reduce sedentary time for office workers - a randomised controlled trial." PLOS ONE 8(11): e78957. **[cited: 186; In 2017 was in top 10% most cited PLOS ONE articles]**
14. Gilson ND, Straker L, **Parry S**. "Occupational sitting: Practitioner perceptions of health risks, intervention strategies and influences". Health Promotion Journal of Australia. 2012;23(3):208-12. **[cited:55]**
15. Refshauge K, **Parry S**, Shirley D, Larsen D, Rivett D, Boland R (2002). "Professional responsibility in relation to cervical spine manipulation" Australian Journal of Physiotherapy 48(3): 171-179. **[cited: 82]**

Conference Presentations

1. International Conference on Ambulatory Monitoring of Physical Activity and Movement, Maastricht, 2019: "Does a school-based standing desk intervention modify classroom standing and sitting time and physical activity during waking hours over a full school year?" (Poster)
2. Human Factors and Ergonomics Society of Australia Annual Conference, Perth, 2018: Symposium presentation "Occupational Standing"
3. International Society for Physical Activity and Health, London, 2018: "Physical Activity and Sedentary Behaviour in Residential Aged Care Facilities" (Poster)
4. International Society for Physical Activity and Health, London, 2018: "Standing Desks in a Grade 4 Classroom" (Poster)
5. International Conference on Ambulatory Monitoring of Physical Activity and Movement, Bethesda, 2017: "Ability of thigh and hip-worn Actigraph accelerometers to classify postures and activity behaviors in children" (Poster)
6. International Society for Physical Activity and Health, Bangkok, 2016: "The association between sedentary behaviour and musculoskeletal symptoms in university office workers" (Poster)
7. International Ergonomics Association, Melbourne, 2015: "Can office work be designed to be less sedentary and more health promoting?" (Symposium)
8. World Congress of Physiotherapy, Singapore May 2015: "Can participatory workplace interventions that aim to reduce sedentary time modify musculoskeletal symptoms?" (Platform presentation)
9. International Congress on Physical Activity and Public Health in Rio De Janeiro, Brazil March 2014: Poster "Comparison of the pattern of sedentary exposure of school teachers and office workers" (Poster)
10. Human Factors and Ergonomics Society of Australia Annual Conference, Perth December 2013: "Can participatory workplace interventions aimed at changing sedentary time also reduce musculoskeletal symptoms in office workers?" (Platform presentation)
11. 4th International Congress on Physical Activity and Public Health in Sydney, October 2012: "Does work contribute to the sedentary risk of office workers?" (Platform presentation)
12. International Behavioural Nutrition and Physical Activity Conference, Melbourne 2011: "Occupational physical activity of contemporary office workers – comparison between sitting and standing workstations using accelerometry" (Platform presentation)