

Name

Professor Name

Course

Semester

Personal Auditory/Verbal Learning Style

Every individual learns differently from one another. Various people may have the ability to learn through visualizing the material being taught to them. Others however, find it much easier to learn by listening to lectures and/or participating in verbal discussions with others. Some may even find it easier to learn the subject by experiencing the materials and/or doing things physically. Every individual has a process in which they find easiest in learning materials. One individual's learning style may be extremely different from the learning style of one of their peers. Despite the fact that I demonstrate several tendencies of a kinesthetic learning style, I actually learn best when I can hear the materials being taught, which makes me an auditory learner.

As a result, I tend to remember details by trying to "hear" the previous sounds or voices. For example, during my first week of fifth grade, my teacher motivated each of us to discover our own learning style. She started off explaining that there are all kinds of learners, and everyone has a preference to learn whether they know it or not. Of course, at the age of ten, my fellow peers and I felt that there was no type of learning that was preferred, it was more recommended. Throughout the week, we were given surveys, examples, lectures, experiments, diagrams and basically anything possible that would

help use distinguish the difference between each learning style. After a full week, the class had finally learned and absorbed the differences in the learning styles.

However, as I walked into my class one morning, my teacher told us to look on the board. When I looked at the blackboard, there was a long definition of photosynthesis, which stated – “Photosynthesis is the process in which chlorophyll bodies, found in the cells of green leaves manufacture sugar and starch from carbon dioxide and water.” She explained that within the next hour, we had to memorize the whole definition and site it to her. Within the classroom there were three different stations set up, each had the name of the learning style above the station. We were to choose which station we wanted to attend by the learning style we thought we were. The visual learning station had the definition written in huge letters and bright colors. The auditory learning station had the definition playing on a tape recorder. Lastly, the kinesthetic learning station had an experiment of how photosynthesis actually works. Instantly, I went to the auditory station, because I felt I could remember the definition word for word if I heard it repeatedly out loud. As a result, I memorized the definition of photosynthesis by continually hearing it for an hour, which made me realize that I was an auditory learner.

In brief, that learning experience was an extremely positive one for me. For the reason that, still to this day, I can cite the definition of photosynthesis word for word, and I learned what best fits my studying routines and habits. At only ten, I learned ways to study that benefited my personal abilities, which helped me tremendously throughout

middle school, high school and college. This experience influenced my personal approach on learning, because after I realized I was an auditory learner, I began to find more sufficient ways of learning and memorizing materials being taught to me. The experience was definitely a positive one, because when I learned what best fit my personality, I could study much faster and already knew my studying routine. From that experience, I learned that I tend to benefit from continuously repeating information being taught to me out loud, and though it might be strange, I tend to accomplish my studying tasks by talking to myself, which usually helps me understand what I am learning. Also, as an auditory learner, I tend to struggle understanding materials that I have read silently in my head, however I experience a full understanding when I read the materials out loud.

In conclusion, when an individual discovers their own learning style, they will soon begin to realize there are easier ways to study and learn. Which can ultimately help improve their memory and performance. When that individual knows his or her own learning style, it can dramatically expand their knowledge base.