Dear Editor,

We would like to submit our manuscript entitled “*Profiling the Use of Dietary Supplements by Brazilian Physical Education Professionals*”, conducted by Ricardo Borges Viana, Maria Sebastiana Silva, Wellington Fernando da Silva, Mário Hebling Campos, Marília dos Santos Andrade, Rodrigo Luiz Vancini and Claudio Andre Barbosa de Lira, to your prestigious journal.

As you know, several national health agencies publish food and nutrient intake guidelines in order to provide the general public and health practitioners with evidence-based recommendations on a nutrient and dietary intake associated with a low risk of nutrient deficiencies and diet-related chronic diseases. However, the number of dietary supplement users has increased dramatically in the general population and among health professionals. However, to our knowledge, no study has yet investigated the consumption of dietary supplements among physical education professionals. To this end, we conducted a very interesting study which examined the extent to which Brazilian Physical Education Professionals use dietary supplements. We found that, despite the fact that nutrition authorities consistently advocate a "food first" approach to achieving nutritional adequacy, there is a high consumption of dietary supplements among Physical Education Professionals, especially of those constituted by protein. In addition, we found a higher use of dietary supplements among men and those professionals that trained for longer per week.

As the *Journal of Nutrition Education and Behavior* publishes scientific papers relating to the area of nutrition education and nutrition and physical activity, we believe that our manuscript could be of interest to readers.

All procedures were carried out according to the strictest ethical principles, having been approved by the Research Ethics Committee at our University and following the International Guidelines on Research Ethics.

All authors are responsible for the contents of the manuscript and have seen and approved its final version.

No commercial party supporting this article and with a direct financial interest in the results of the research has or will confer financial benefits to the authors or any organisation with which the authors are associated.