

Kamal Preet Kaur
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PROFILE

Passionate and energizing Registered Nurse with experience as a primary caregiver in health care settings, a demonstrated ability to adapt quickly to new environments, and a strong desire to provide safe, high-quality care. To pursue and develop a career in a growing organization where I can demonstrate my abilities by accepting challenges, meeting organizational objectives, and progressing through continuous learning and commitment.

PROFESSIONAL EXPERIENCE

Working as registered nurse in Highview Residence. (May 2023)

PLACEMENT IN CANADA:

: Placement in Highview Residence for Dementia Care.

September 2022

: Placement in the Grand River Hospital at Freeport site in the Rehabilitation unit.

May 2022

: Placement is done under Cambridge Memorial Hospital in the Medicine unit.

February 2022

WORK HISTORY:

: Worked full time as personal support worker and unregulatory care provider (nurse aide) at Highview Residence (December 2022 to May 2023)

: Worked part-time as a Clinical extern in Grand River Hospital, Freeport.
(September 2022- May 2023)

- Practice under the direct or indirect supervision of the professional assigned task as per the policies and procedures of the organization.
- To ensure knowledge, skills, and judgment required to perform the duties.
- Aid in patient care as required within the safe practice and free from hazards.
- Participate actively as a team member.

: Worked as a personal support worker by Agency — the home instead company (October,2021) and bloom (may, 2022) — worked in home care settings, retirement homes, long term settings.

- Feeding, dressing, bathing, transferring, incontinence care, medication reminders, meal preparation, companionship

Worked as ICU Staff nurse in Dayanand medical hospital Ludhiana

November 2019 to November 2020

Worked as an Staff nurse in Amrit Nursing Home Amritsar

November 2020 to July 2021

PRACTICE AREA:

Obstetrics and Gynecological Care

Feb 2019 - Aug 2019

Civil Hospital Hoshiarpur, Gurcharan Kanwal Hospital Hoshiarpur & Mata Kashayla Hospital Patiala

- Training in neonatal care for mothers and families
- Assisting postpartum women in dealing with the difficulties of knowing the newborn
- Monitoring care of prepartum, intrapartum, and postpartum women
- Assisting with normal and cesarean deliveries

Community Care

Sept 2018 - Jan 2019

Rural Area, Punjab

- Educating the community on how to maintain a healthy lifestyle
- Addressing the mental, family, social, and occupational aspects of patients
- Raising awareness regarding diseases, immunization, and health promotion

Medical and Surgical Care

May 2018 - Aug 2018

Modern Hospital Hoshiarpur Punjab

- Assisting surgeons in surgeries such as ortho, endocrine, and gynecological surgeries
- Assisting physicians in taking blood pressure, blood glucose monitoring, and other lab samples.

Psychiatric Care

Feb 2018 - June 2018

Civil Hospital Hoshiarpur, Saini Hospital Hoshiarpur, and GGS Medical College and Hospital

- Assessing the needs of patients and providing psychological support
- Providing therapies to patients: occupational therapy, laughter therapy, diversional therapy, and social therapy

Pediatric Care

, *Sept 2017 - Jan 2018*

Civil Hospital Hoshiarpur, Punjab

- Care of newborns in NICU, PICU and Immunization, vaccination, and treatment of neonates

Medical and Surgical Care

Oct 2016 - Aug 2017

Civil Hospital Hoshiarpur

- Learn about parenteral medication administration, IV insertion, NG insertion, and catheterization
- Provide support to patients to do activities of daily living (ADL)
- Care of surgical sites, wound care, drainage care, and patients on ventilator
- Surgical asepsis: gowning, gloving, surgical handwashing

General Medical Care

Nov 2015 - Aug 2016

Civil Hospital Hoshiarpur, Punjab

- Performed skincare to maintain personal hygiene and infection prevention, and recorded vitals.
- Working in collaboration with other health members to deliver compassionate care to patients in 250 bedded hospitals
- Reported biomedical waste hazards and management and performed medical asepsis
- Interact and communicate with patients of all ages and different cultures, giving them nursing care and psychological support.
- Delivered care and support services to patients, nursing unit, and staff

Volunteer Experience

- Peer Tutor at Shri Guru Ram Dass College of Nursing (SGRD) *2015-2020*
- Active volunteer at Hoshiarpur Old Age Home *2018-2019*

- Active hostel counselor at SGRD
2015-2019

EDUCATION

: Conestoga College
September 2021

- Post Degree Diploma – Enhanced Practice for Internationally Educated Nurses

: Learning Hub
July 2020

- Completion of the TNAI covid 19 management skills online course

: Shri Guru Ram Dass College of Nursing, Hoshiarpur
September 2015 - Oct 2019

Bachelor of Science in Nursing (approved by World Education Services and credential under Canadian study)

PROFESSIONAL DEVELOPMENT

- Strong clinical judgment, maintaining records and sound decision making
- Multilingual: English, Hindi, and Punjabi
- Microsoft Office Suite - Word, Excel, PowerPoint
- Team Builder and a good communicator
- Medical fitness and immunization completed

PROFESSIONAL ASSOCIATION AND CERTIFICATIONS

- CPR and First Aid
- General persuasive approach (GPA)
- Palliative care
- Dementia
- Chronic pulmonary obstructive disease (COPD)
- Infection control and prevention
- Hospice and palliative care training
- Delirium, dementia, depression (3D's)
- Safety in the workplace
- Integrated Accessibility Standards Regulations
- Worker health and safety awareness

