*Sharleen Herz- Life Coach/Image Consultant| - because life is an adventure*

Beit Rimon, Israel 1795000+972-58-721-2914www.sharleen@sharleencoaches.com

Life Coach and Image consultant

* Coach people to live a life they love
* Coach people in controlling their narrative such that they show up the way they want
* Facilitate, guide and empower people to live life powerfully, with full self expression

Skills

\* Great Interpersonal skills

\* Responsible and discrete

\* Immediatley invokes trust

\* Image consulting

\* Group facilitator

\* Social Skills teacher

\* Culturally sensitive

\* Committed listening

\* Discrete

**\* English mother tongue**

\* High level Hebrew

Work History

**Life Coach – Self employed 09/2017 – present**

* Encourage clients to set and achieve reasonable goals on a weekly basis
* Facilitate the design of structures for fulfillment of said goals
* Empower people to discover their full self expression and live a life they love
* Image consultation: educating the client on how to dress to improve their public presentation such that they can get their message across

 **Leader Landmark Worldwide 04/2016 – present**

* Leading Home Introductions to the Landmark Forum
* Coaching small groups in looking at what is possible for their lives out of doing the Landmark forum
* Creating a new possibility for themselves and their lives, through an exercise that causes them to be honest with themselves

**General Dentist- Self Employed July 1987 – January 2019**

**Private Practice 115 Central Park West, NYC 1987-2012**

**Kibbutz Lavi, Kibbutz Kfar Blum, Dovrat and Hodayot Youth Village 2006-2019**

* Treating patients as individuals not as mouths
* Providing and environment that made people comfortable and relaxed such that treatment was not something to be feared
* Evaluating performance of constructive feedback and acknowledge strengths resulting in better working relationships and performance improvements
* Communication one-on-one with patients during consultations to explain and educate on the treatment plan and upcoming procedures
* Improved patient comfort by providing calm and professional care, explaining procedures and answering questions

Education

מכללת תוצאות, Tel Aviv **Feb 2017**

* Coaching certification

**Landmark Worldwide**, New York **Nov 1997**

* Introduction Leaders Program ––Candidated Introduciton Leader,
* Reviewed, Tel-Aviv **Apr 2017**

**New York University College of Dentistry** – New York **Jun 1987**

* Doctor of Dental Surgery

Personal Information

* Made Aliyah from New York City 2004, continued to commute 4 times a year to work until Oct 2012
* Doula for friends and friends of friens
* Dancing of all sorts, currently HipHop
* Gluten-free and spelt only baking
* Creating abundant gourmet meals
* Raising 4 amazing, wonderfully independent boys
* Crafts – beading, crocheting, knitting, ceramics
* Expressing my personality through style and color
* Shopping with and for friends special occasions and lives
* Providing meals for new mothers
* Welcoming new families to my community, making them feel at home, providing someone they know they can rely on
* Being Mom when Mom isn’t available, physically and emotionally’
* I remind people that no matter where you live, you be stylish and classic.
* I have been helping people find their personal style since 1989
* Providing a home away from home for Lone Soldiers since 2014
* Being the house where all the kids hang out, where they know they will be heard and not judged
* I love to read – anything and everything, from personal development to fantasy