**Aurora – mental health support system**

SE-B-6

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Aurora is a mental health support system designed to address the emotional challenges faced by Israelis amid the current security situation. It offers immediate, personalized assistance through a 24/7 interactive chatbot, providing emotional guidance, breathing exercises, and meditations. Ensuring user anonymity and safety, Aurora includes a social platform for sharing experiences and connecting users with similar interests. The system analyzes user behavior to offer personalized recommendations for continued use of the app’s various features. By combining cutting-edge technology with emotional sensitivity, Aurora empowers users to regain balance and strengthen mental well-being. It provides a scalable, accessible solution to Israel’s growing mental health needs.

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